

People & Planet INFOPACK

2023 – 2024



WHO ARE WE?

Rosto Solidário (RS) is a Portuguese NGOD (non-governmental organization for the development) established in 2007.

Based in Santa Maria da Feira, in the north of Portugal, Rosto Solidário is a credited host and sending organization for European Voluntary Service projects since 2011, currently working within **European Solidarity Corps**.



The organization **scope of work** includes **four main areas**:

- International Development Cooperation,
- Global Citizenship Education,
- Volunteering,
- Family Social Support

Gender Equality, Human Rights and Social Inclusion are addressed as cross-cutting issues.

Also, the organization considers **Non Formal Education** as a vehicle for lifelong learning opportunities within the Global Citizenship Framework.

As a Portuguese NGDO Platform member it is represented both in Development Education Working Group and Ethics Working Group.

At local level, Rosto Solidário is a member of “Rede Social de Sta M^a Feira” (local network of 115 organizations with social intervention programmes). Within this network, Rosto Solidário has been awarded four times as recognition of its work in volunteering and supporting local communities’ development.

Rosto Solidário became an Eurodesk Multiplier in 2016, a non-profit organisation founded in 1990 that supports the Erasmus+ programs. Rosto Solidário provides information and advices to young people about mobility opportunities and encourages them to become active citizens.



ESC VOLUNTEERING

The project will start in **October 2023** and will last **8,5 months**.

We have the opportunity to invite **5 volunteers** from EU partner countries and program countries.

People & Planet Project aims to be a transnational volunteering project to promote **solidarity, community and environment sustainable development**.

PROJECT GOALS

1. To promote solidarity and sustainable development through volunteering;
2. To foster youth participation especially young people with fewer opportunities;
3. To strengthen European identity and solidarity through democratic participation;
4. To promote social inclusion, diversity, intercultural dialogue and multilingualism;
5. To produce learning outcomes in the volunteers through new knowledge, skills and attitudes boosting their personal and professional development;
6. To empower partner organisations, raising their skills, attractiveness and international.

VOLUNTEERS' PROFILE

Rosto Solidário is looking for :

Reliable, proactive, dynamic, open-minded and flexible people, with problem-solving and good interpersonal communication skills.



Considering the tasks that will be assigned, the volunteer should have good energy and willingness to accomplish them.

The respect of basic rules at the workplace and at home makes the volunteering experience both for the volunteer and for the association better and easier.

The learning factor has a particular importance: even if the volunteer never carried out the tasks that are requested, he/she can learn how to deliver them directly in the institution.

The volunteer has to consider the fact that the house is to be shared with other young people coming from different countries and different contexts.

An **intermediate level of English** is highly recommended.

Volunteers' willingness to learn Portuguese is also a key factor in the selection process, although a previous knowledge it's not necessarily required.

PROJECT ACTIVITIES

Volunteers will take part in several activities in line with ESC principals and goals :

Global Citizenship Education

- Support educational activities with children and youth (in kindergarten and schools);
- Support RS team in Global Citizenship Education activities and workshops.

Upcycling/Environment preservation

- Support and implement upcycling, restoration and recycling activities in RS's atelier– sharing knowledge , skills and experience involving local people in the process;
- Support coast and beach cleaning, forest preservation and tree planting in the mountain.



Social Support

- Support animation activities for elderly people;
- Help in logistics tasks of the organisation (food collection campaigns, collecting furniture, clothing sorting, storage and distribution), etc;
- Support the social canteen;
- During the school period, support children at lunch time;
- Support activities in the street animal shelter.

Every volunteer can also take part in complementary cross-cutting activities promoted by the coordinating organization, such as:

- Support Eurodesk information activities with young people;
- Engaging in local cultural events (IMAGINARIUS and VIAGEM MEDIEVAL);
- Support artistic educational activities with disabled young people;
- Communication and dissemination activities.



YOU WILL BE ALWAYS SUPPORTED!

Working with youth at risk of social exclusion and the elderly is not easy.

During the entire project, volunteers will be able to count on the support of the project coordinator and other organisation staff, whose experience can be very helpful.

In addition, we'll provide a series of training sessions that will prepare you to take on this challenge!

VOLUNTEERING IN ROSTO SOLIDÁRIO!

Let's get into the details!

Volunteers will work **from Monday to Friday**, between **10am and 5pm**.

Every day will be different! You will have a weekly schedule, according to the different tasks and responsibilities. Occasionally, there's the need to work at night or weekends, but those working days will be compensated with days-off.

Volunteers will participate in specially prepared trainings. There are many topics to choose from and for sure they will find something for themselves.

They will have the chance to organize events and individual projects.

All this, will be under the supervision of the project coordinator who will support the development process of volunteers.

FINANCIAL SUPPORT

During the project, each volunteer will receive financial support under the European Solidarity Corps program.

Each participant will receive approximately **150€** per month of pocket money and **150€** of food allowance, and will manage their own budget.

Volunteers will be also provided with a card for public transport.



TRAVEL EXPENSES

The project covers the volunteers' travel expenses according to the program rules and limits defined in ESC guide.

ACCOMMODATION



The house in which the volunteers will live is located close to the Rosto Solidário's office, in Rua da Relva nº 18, in a nice family area.

It's equipped with a **big kitchen, four bathrooms, five rooms** (each to be shared by two people), a balcony, a big living room downstairs with four sofas, fireplace and television.

In the house there may be occasionally participants from more than one international project.

Near the house, you will find a shopping centre that includes a big supermarket, all services and transportations (buses to other near towns like Porto, Furadouro beach or São João da Madeira).



Distances

- **Rosto Solidário's Office:** Close to the volunteers house, in a 5 minutes walking;
- **Atelier:** You can reach by bicycle or walking;
- To other **social partners**, like the street animal shelter, schools, etc, you can use the bicycle or bus.



Rosto Solidário's Office



Atelier

SOCIAL NETWORKS & CONTACTS

Rosto Solidário:

+351 256 336 001 | +351 929 173 288



ESC:



Click the icons

Emergency contact

(Police/Fire Department/ Ambulance): 112

Taxis available at:

www.feirataxis24h.pt

ESC responsible:

sve@rostosolidario.pt

THE CITY: SANTA MARIA DA FEIRA

Santa Maria da Feira is a medium sized city with about 140.000 inhabitants. It is located in Northern Portugal, in the region between the Douro and Vouga rivers, as part of Porto metropolitan area and Aveiro district. Administratively, the municipality is divided into 21 civil parishes.

Santa Maria da Feira is famous for its several cork transforming and shoe factories.

The seat of the municipality is Feira, famous for its medieval castle which was the residence of Portugal's first king, Afonso Henriques, for a short period of time.

The Castle became immensely important as time went by, as the core of the Lands of Santa Maria.

Every year, in August, a medieval festival takes place in Santa Maria da Feira – the Viagem Medieval – during which the city goes back to the Middle Ages.

In May, a street art festival – called Imaginarius – brings art to the town and welcomes artists from all over Europe.

The municipal holiday is January 20th. It's the day when the whole municipality celebrates the Fogaceiras. The Fogaceiras is a special local holiday. During the Middle Ages, the lands of Santa Maria (as it was known back then) were infested by the dark plague. To get rid of this calamity, the locals offered a sweet roll, called fogaça (the most typical food of Feira), to the patron Saint Sebastien. The Fogaceiras have been celebrated for five hundred years, since the eradication of the dark plague.

The municipality has also an important congress centre – Europarque – and a green park.



Learn more about the city here:
<http://visitfeira.travel/index.php/>
<https://www.youtube.com/@visitfeira8783/videos>



Aeroporto Francisco Sá Carneiro (Porto)
International Airport
www.aeroportoporto.pt/pt/opo/home



Bus Airport
Porto City:
www.getbus.eu/pt/porto-aeroporto-porto/

HOW TO GET

Porto City – Santa Maria da Feira
(TRANSDEV company)
Check timetable online
www.transdev.pt

Apply Now



HOW TO APPLY?

People in age between **18 and 30 years old** from any program or partner country.

Duration:

Around **8 months**

From 02 October 2023 until 30 June 2024

DEADLINE

(CV & motivation letter)

15 JULY 2023

sve@rostosolidario.pt



STEP BY STEP

- SUBSCRIBE TO THE ESC PORTAL;
- READ THIS INFOPACK CAREFULLY;
- SEND US YOUR CV AND MOTIVATION LETTER;
- IN REPLY, WE WILL SEND YOU MORE INFORMATION ABOUT THE PROJECT AND INVITATION FOR SKYPE INTERVIEW.

APPLY ONLINE



TESTIMONIALS



"This experience helped me to grow and taught me a lot, professionally and personally. Taught me concretely how to sew, how to prepare a lesson for a workshop; and developed other soft skills, such as organisational and linguistic skills .

I'm really grateful for being here in Portugal. This project gave me the chance to discover a completely new country, a new culture and a new language. And now, almost at the end of this journey, I can say that I'm love with this country!"

Francesca Venier
Italy

"If I could give an advice to the next volunteers it would be to enjoy the time and the people around them, because it goes by so fast.

What I liked the most in Portugal is the energy that it gives off, it's always very agitated in the streets and we can discover a lot of things, it's a country always surprising."

Océane Guilbaut
France



PERSONAL PROJECTS

- [YOGA YOUTUBE CHANNEL, ELLIOT](#)
- ["LITHIUM EXTRACTION IN PORTUGAL" SEMINAR, ISABEL](#)
- [A POET ON THE ROAD, ERICK](#)
- [2021 VOLUNTEERS YOUTUBE CHANNEL](#)



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